INDONESIAN STEAMED COCONUT CUPCAKE

Prep time: 15 minutes

Cook time: 1 hour on high

Makes 6 or 7 small cupcakes



These little coconut cupcakes are not only adorable; they are little bites of deliciousness! $Putu\,Ayu$ is a dessert traditionally made with pandan leaves, which release a vibrant green extract when puréed. It is sometimes a challenge to find pandan leaves at the grocery store, so I often resort to using a few drops of food coloring. The slow cooker's ability to steam these cupcakes at a steady temperature gives great results. What's even better is that you don't have to mess with any added oil or butter. I like serving these with sliced mango. I use small individual silicone cupcake molds for this recipe.

Cooking spray

- ½ cup unsweetened shredded coconut
- 2 tablespoons water, plus more if needed
- Pinch salt (optional)
- 1 large egg
- ½ cup sugar
- 1/2 cup all-purpose flour
- 1/2 teaspoon baking powder
- 1/4 cup plus 2 tablespoons coconut milk
- 1 to 2 drops green food coloring (optional)
- 1. Place a rack in the slower cooker. If you don't have a rack, make 6 or 7 aluminum foil balls with an indent in the middle (to hold cupcake molds securely). Make sure the foil balls are ¾ to 1 inch high. Pour hot water to the top of the rack or foil balls. Wrap the slow cooker lid tightly with a kitchen towel, tying the ends up on top, to prevent condensation on the lid from dripping on to the cupcakes. Cover and set on high while you prepare the cupcakes.
- 2. Spray 6 or 7 standard-size silicone cupcake molds lightly with cooking spray.
- 3. In a small bowl, combine the coconut, water, and salt, if using, so that the coconut is just moistened. Add a little more water if needed. Set aside.
- 4. In a medium bowl, using a hand mixer on medium to medium-high speed, beat the egg and sugar together until pale and creamy, about 1 minute.

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- Sift the flour and baking powder into the egg mixture and stir until just combined.
- Add the coconut milk and green food coloring, if using, to the batter and mix again until combined.
- In each cupcake mold, layer about 1 spoonful of coconut on the bottom. Press the coconut down until it is firmly packed.
- 8. Fill the molds with the batter, leaving ¼ inch of space at the top.
- Place the molds in the slow cooker, cover, and cook on high for 1 hour, or until a toothpick inserted in the center of the cupcakes comes out clean.
- **10.** Remove the cupcakes from the slow cooker and let them rest on a cooling rack for about 5 minutes.
- 11. Gently turn the cupcakes upside down and release them from the molds. Serve with the coconut layer facing up.

OPTION TIP: If you have access to pandan leaves, for step 6, chop 2 leaves and place them in a blender with the coconut milk, and blend until puréed. Strain the blended coconut milk through a fine-mesh sieve covered with cheesecloth into a bowl, then mix with the batter.

Per Serving: Calories: 268; Total fat: 15g; Protein: 4g; Carbs: 30g; Fiber: 3g; Sugar: 19g; Sodium: 21mg